

	6/17/2022		6/18/2022		6/19/2022	
	Friday		Saturday		Sunday	
09:00-13:00	official training		9:00 athletes briefing - sprint		9:00 athletes briefing - technical	
			10:00 I. heat sprint open MEN	1-6 to QF rest out	10:00 I. heat technical open MEN	1-6 to QF rest out
			10:05 II. heat sprint open MEN	1-6 to QF rest out	10:10 II. heat technical open MEN	1-6 to QF rest out
			10:10 III. heat sprint open MEN	1-6 to QF rest out	10:20 III. heat technical open MEN	1-6 to QF rest out
			10:15 IV. heat sprint open MEN	1-6 to QF rest out	10:30 IV. heat technical open MEN	1-6 to QF rest out
			10:20 V. heat sprint open MEN	1-6 to QF rest out	10:40 V. heat technical open MEN	1-6 to QF rest out
			10:25 I. heat sprint open WOMEN	1-2 to Final 3-6 to SF rest out	10:50 I. heat technical open WOMEN	1-2 to Final 3-6 to SF rest out
			10:30 II. heat sprint open WOMEN	1-2 to Final 3-6 to SF rest out	11:00 II. heat technical open WOMEN	1-2 to Final 3-6 to SF rest out
			10:50 I. quarterfinal sprint open MEN	1-4 to SF 5-6 to Final C rest out	11:20 I. quarterfinal technical open MEN	1-4 to SF 5-6 to Final C rest out
			10:55 II. quarterfinal sprint open MEN	1-4 to SF 5-6 to Final C rest out	11:30 II. quarterfinal technical open MEN	1-4 to SF 5-6 to Final C rest out
			11:00 III. quarterfinal sprint open MEN	1-4 to SF 5-6 to Final C rest out	11:40 III. quarterfinal technical open MEN	1-4 to SF 5-6 to Final C rest out
			11:05 IV. quarterfinal sprint open MEN	1-4 to SF 5-6 to Final C rest out	11:50 IV. quarterfinal technical open MEN	1-4 to SF 5-6 to Final C rest out
			11:10 I. semi-final sprint open WOMEN	1-4 to Final rest out	12:00 I. semi-final technical open WOMEN	1-4 to Final rest out
			11:35 I. semi-final sprint open MEN	1-4 to Final A rest to Final B	12:30 I. semi-final technical open MEN	1-4 to Final A rest to Final B
			11:40 II. semi-final sprint open MEN	1-4 to Final A rest to Final B	12:40 II. semi-final technical open MEN	1-4 to Final A rest to Final B
13:00	athletes briefing - long distance		12:00 athletes briefing - inflatable		13:30 final C technical open MEN	
					13:40 final B technical open MEN	
14:00	final A long distance open, junior, masters MEN		13:00 final A inflatable open MEN		13:50 final A technical open WOMEN	
14:05	final A long distance open, junior, masters WOMEN		13:05 final A inflatable openWOMEN		14:00 final A technical open MEN	
16:00	medal ceremony - long distance Masters (40+) WOMEN		15:00 final C sprint open MEN		14:30 medal ceremony - technical open WOMEN	
16:05	medal ceremony - long distance Masters (40+) MEN		15:05 final B sprint open MEN		14:35 medal ceremony - technical open MEN	
16:10	medal ceremony - long distance junior WOMEN		15:10 final A sprint open WOMEN			
16:15	medal ceremony - long distance junior MEN		15:15 final A sprint open MEN			
16:20	medal ceremony - long distance open WOMEN					
16:25	medal ceremony - long distance open MEN		15:30 medal ceremony - inflatable open WOMEN			
			15:35 medal ceremony - inflatable open MEN			
			15:40 medal ceremony - sprint open WOMEN			
			15:45 medal ceremony - sprint open MEN			